



創效職涯計劃

IMPACT CAREER PROGRAMME 2025



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Enquiry: project@d-generation.org

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In collaboration with 協作



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Community Partners
社區夥伴



(and more...)

Application 報名



關於我們 | About DGen

DGen 為亞太區青年發展基金 (註冊慈善團體：91/15975) 所支持的社區教育項目，希望透過一系列的價值導向的培訓以及與不同的社創機構合作，為青年提供社區項目實踐機會，引領大家認識、投身社會創新的工作，並透過互動的學習體驗，讓大家認識不同文化背景的朋友，擴展人際網絡。

DGen is a community education project supported by the Asia-Pacific Youth Development Foundation (Registered Charity: 91/15975). It aims to provide youth with opportunities in community projects through a series of values-based trainings and collaborations with various social innovation organisations. Through interactive learning experiences, it also encourages participants to meet friends from diverse cultural backgrounds and expand their social networks.





參與不同社區項目 擴展你的人際網絡



Expand your social networks in our community projects



DGen 透過一系列的互動學習體驗及社區項目，讓你有機會認識不同文化背景的朋友，並與來自不同行業的友師會面，為未來職場做好準備，擴展人際網絡。

表現優秀的學員，更有機會獲推薦參與不同的國際交流項目，認識其他地方的朋友。



DGen provides you with the opportunity to meet friends from diverse cultural backgrounds through various interactive learning experiences and community projects. You will also have the chance to connect with mentors from different industries, preparing you for your future career and expanding your professional network.



Outstanding participants will have the opportunity to be recommended for various international exchange programmes to meet friends from other places.



你的學習歷程

YOUR LEARNING JOURNEY

單元一 First Stage

前期培訓 Pre-Training

Jun 2025
(Approximately 2 hrs)

- ✓ 出席項目簡介，
認識項目要求

Attend Project briefing
to learn the tasks

- ✓ 參與破冰環節，
認識其他學員

Engage in Ice-breaking
session to make friends

- ✓ 職場禮儀訓練，
提升專業形象

Workplace etiquette
to enhance your
professional image



單元二 Second Stage

社區實踐項目 Community Project

Jun - Jul 2025
(10 hours x 5 weeks)

- ✓ 協助不同機構，
參與社區實踐項目

Participate in community
projects with different
orgs

- ✓ 針對不同社會議題，
共同制訂解決方案

Focus on various social
issues and co-create
solutions

- ✓ 建立人脈，連結機會

Build network,
connect opportunities



單元三 Third Stage

學習總結、履歷工作坊 Reflection + CV Clinic

Aug 2025
(Approximately 3 hrs)

- ✓ 總結學習心得，
學習說好故事

Summarise learning
insights by telling a good
story

- ✓ 學習撰寫個人履歷，
思考發展路徑

Craft your resume with
our guidance and reflect
on your future path

- ✓ 獲取推薦信，
爭取更多機會

Receive recommendation
letters on request



社區項目介紹

Community Project



Caritas Labour-Friendly Communities Project

The Caritas Labour-Friendly Communities Project supports cleaning workers by focusing on their health, safety and dignity. It helps workers manage and protect their physical well-being, raise health awareness, improve self-efficacy, and enhance social capital and community support.



Project Description

To help cleaning workers raise their health awareness of self-management, students will help in various projects which engage the cleaning workers community which include providing basic health checks, visiting street stations, organising seminars, etc.



Desired Qualities / Skills

Proficiency in Urdu or Nepali preferred

Expected Working Mode and Location

In-Person | Kennedy Town

Project Website:

<https://ycs.caritas.org.hk/labourfriendly/?lang=en>

社區項目介紹

Community Project



Shakespeare4All

Shakespeare4All (S4A) is one of Hong Kong's leading English language performing arts youth charities. It is a registered charity founded in 2003 with the purpose of building Hong Kong students' self-confidence and English language fluency through performing Shakespearean plays, drama and other theatrical productions.

Project Description

Student interns play a key role in supporting S4A's daily operation, workshops, rehearsals, and productions. Work scope includes:

1. Administrative Prep Work:

Assist project managers and officers in organising schedules, preparation of materials etc., manage participant data and arrange costumes/props.

2. On-Site Rehearsals & Productions

Support instructors during rehearsals and workshops. Help out at backstage during performances and collect feedback post-event.



Expected Working Mode:

In-Person | Hong Kong

Desired Qualities:

- Strong interest in theatre, arts, and education
- Punctuality, reliability, and a proactive attitude
- Commitment to completing tasks during the assigned period

Project Website: <https://www.s4a.org.hk/>

社區項目介紹

Community Project



OneSky Foundation



P. C. Lee OneSky Global Centre for Early Childhood Development was founded in 2020 by OneSky for all children (OneSky), a global NGO. The Centre aims to empower caregivers who care for children from low-income families (ages 0-6) to help foster their children's growth through parenting and early childhood care training.



Project Description

Student interns will participate in community outreach activities, including but not limited to distributing flyers, posters, etc.

Expected Working Mode:

In-Person | Sham Shui Po

Desired Qualities:

- Proficient in Cantonese Self-motivated with positive attitude
- Outgoing and responsible team player with strong interpersonal and communication skills

Project Website: <https://hkcentre.onesky.org/>

社區項目介紹

Community Project



Jockey Club Shining Together with Cross-Cultural Youth Project by the HKUST

We are a Mental Health Project Team under the Division of Public Policy at The Hong Kong University of Science and Technology (HKUST), a university in Hong Kong. We lead the "Jockey Club Shining Together with Cross-Cultural Youth Project" (JCST) — a service-based initiative funded by The Hong Kong Jockey Club Charities Trust. The project delivers capacity-building workshops for non-Chinese youth aged 15–24, aiming to strengthen mental health awareness, skills, and knowledge among these communities.

Project Description

The hired student(s) will support participant outreach among non-Chinese youth, co-develop and review workshop materials, and assist in facilitating project workshops or outreach activities as needed. This role offers valuable hands-on experience in community engagement, mental health education, and program coordination.

Expected Working Mode:

In-Person | HKUST

Desired Qualities:

- Strong outreach and professional communication skills
- Actively involved in both backend preparation and frontline workshops
- Proactive and collaborative attitude

社區項目介紹

Community Project



香港賽馬會社區資助計劃 — 「瞳」起動口述影像計劃

香港口述影像協會於2015年成立，是香港和中國內地首間及目前唯一一間提供全面口述影像培訓及服務，並具有口述影像學術研究背景和實務經驗的專業機構。致力推廣口述影像及培訓專業口述影像員，提倡資訊無障礙，促進社會共融。

項目內容

- 管理市場營銷內容（例如：社交媒體貼文）
- 編寫和編輯宣傳材料
- 協助攝影、錄影及剪輯
- 協助執行口述影像活動（包括文化藝術、運動、戶外活動及培訓課程）

期望學員的特質

- 有同理心、友善、負責任、積極主動、有組織能力、細心，並具備良好品格及團隊合作精神
- 熟練使用 Microsoft Office
- 熟悉 Adobe Illustrator、Canva、Photoshop、影片及音頻剪輯者優先考慮

預計工作時間、地點

混合工作模式 | 香港各區



社區項目介紹

Community Project



創伶滙 InnoAge Hub

創伶滙 致力塑造社會對老齡化的正面論述，助香港人正向思考「長壽」對自身及社會帶來的機遇；以及助更多公司開拓「銀齡事業」，讓新世代年長者有更多優質選項滿足自身需求，攜手推廣「幸福地老」新潮流。



項目內容

- 市場研究與案例研究匯編
- 內容撰寫與網誌文章開發（包含簡易平面設計）
- 分析現有網站，找出用戶體驗可改善之處並落實優化方案



期望學員的特質

- 對社會創新、銀齡市場研究有興趣
- 具有基礎市場推廣知識
- 懂得使用Canva為佳

預計工作時間、地點

混合工作模式 | 荔枝角

社區項目介紹

Community Project



仁德之光



無牆醫館
Clinic Without Walls
cww.org.hk

「仁德之光」於2009年由一群熱心社會服務的基督徒成立，致力為低收入基層家庭、年老、傷殘的弱勢社群病患者，提供各類中醫臨床醫療服務與醫社合作模式的援助計劃，藉可負擔的醫療服務，及早獲得診治康復，協助舒緩他們的重擔。



項目內容

- 協助管理社交媒體帳戶，包括撰寫及排期發帖
- 參與內容開發，撰寫網誌文章及Podcast製作
- 分析互動數據以優化策略



期望學員的特質

- 積極主動、細緻認真
- 適應力強，能快速掌握新技能
- 責任心重，對工作成果有要求
- 具備內容行銷、Podcast製作和Canva AI應用的知識優先

預計工作時間、地點

混合工作模式 | 柴灣

社區項目介紹

Community Project



香港特殊需要體育學院 / 同恆夢發展協會

「香港特殊需要體育學院」是一間社企，由教導SEN學童成為精英運動員為港爭光，繼而回饋社會的真實故事，教與學倆師徒20多年陪伴成長路的自身經歷而創辦；同恆夢發展協會是一個根據《稅務條例》第88條獲得豁免繳稅的慈善團體，使命是促進社會共融，並全方位支持弱勢社群。



項目內容

- 協助舉辦「同行月」活動 (2025年8月16日)
- 協助拍攝宣傳短片，並通過社交媒體、YouTube等平台分享
- 協助中心基本的日常營運，包括場地管理、物資準備等



期望學員的特質

- 廣東話流利，能因應SEN學童的溝通與行為特質調整互動
- 主修體育及幼兒教育更佳
- 懂得使用Canva

預計工作時間、地點

實體工作 | 慈雲山

社區項目介紹

Community Project



Wheel Power Challenge

滾動力量 是一家本港註冊的慈善機構，旨在促進肢體傷殘人士的社會共融，為行動不便人士舉辦無障礙體驗活動及運動項目，並為坊間的戶外活動提供無障礙評估及特製輪椅出租服務，致力打造無障礙社區。



項目內容

滾動力量 現希望建立一個互動地圖平台，分享香港無障礙設施的位置及詳情，平台內容包括：

- 1) 互動式地圖顯示無障礙設施位置、描述和最新狀態；
- 2) 開放的應用程式介面，與外部各方共享數據；
- 3) 以持續數據眾包形式，確保數據的準確性和實時性。



期望學員的特質

具同理心、願意走出社區

預計工作時間、地點

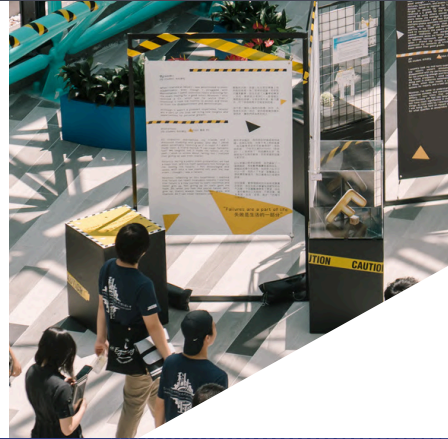
混合工作模式 | 荔枝角

社區項目介紹

Community Project



「失敗博物館」期望透過別開生面的「失敗生涯規劃」服務，結合真人導師配對及實體展覽的元素，協助弱勢青年、少數族裔從失敗經驗中規劃人生，從共享經驗中協助青少年建立正向人生觀，提升自信。



項目內容

- 協助設計一套以「失敗」為主題的遊戲提問卡
- 參與相關的培訓活動，並提供意見
- 改善「失敗博物館」網站設計，增加流量
- 收集不同的失敗故事，策劃公眾展覽活動(視乎情況而定)



期望學員的特質

具備內容行銷、視頻編輯和 Canva 的知識優先

預計工作時間、地點

混合工作模式 | 香港各區

社區項目介紹

Community Project



山景青少年服務中心「中心Upgrade師」

山景綜合青少年服務中心 為 基督復臨安息日會港澳區會社會服務部轄下之一個服務單位，自1983年起在屯門山景邨服務，專為6-24歲的兒童、青少年及其家庭提供服務，促進其身心發展健康。

中心將會迎來全新空間和面貌。除了硬件上的Upgrade，青少年中心的服務及形象也急需升級。是次項目裡面，你將會有機會積極參與中心決策及與社工攜手籌辦青年主導活動，一起為社區貢獻更多。



項目內容

- 收集及分析青少年及會員的意見，並提出建議
- 參與月度中心發展會議，為中心未來的服務規劃提供意見
- 引入及籌辦青少年感興趣的活動
- 擔任中心社交媒體的小編
- 於中心當值，協助活動的準備工作



期望學員的特質/學員要求

- 15-24歲，於屯門或元區居住或在學的青少年優先

預計工作時間、地點

混合工作模式 | 屯門山景邨

立刻報名 Sign Up now!

1

截止報名日期
Application
Deadline:

28 May 2025

2

面試日期
Interview
Date:

24 May 2025
31 May 2025
7 Jun 2025 (TBC)

3

結果公佈
Result
Announcement:

9 Jun 2025

Rolling Admission:
30 quotas only!

Application 報名



FAQ

Can I choose which community projects to work for?

Before the selection process, you can indicate your preference in the application form. After screening and interview, you will be assigned to the project according to your skills and interview results.

What if I am not placed in the org(s) of my choice(s)?

Feel free to reach out to us to discuss the possibility of making alternative arrangements. Alternatively, consider stepping out of your comfort zone and embracing new experiences over the next five weeks. It is always enriching to venture into uncharted territories and broaden your horizons with fresh learning opportunities.

What kind of training will I receive?

Training typically encompasses soft skills development, covering essential areas like conflict resolution, effective workplace communication, and fostering empathy. These invaluable skills are imparted by seasoned professional coaches, ensuring a comprehensive and enriching learning experience.

Are there any stipends for the programme?

A stipend of HKD \$1,500 will be awarded to students who complete ALL parts of the programme including satisfactory performance in the 5-week internship and attending all training sessions.



CONNECT & LEARN

Application 報名



JOIN US NOW!

■ Enquiry: project@d-generation.org